Organisation	Telephone Number	Email	What they cover/ Web links
Advocacy and Mediation Consultants (through Me Too & Co.)	07702 189889	helen@advocacyandmediation.co.uk	https://www.metooandco.org.uk/activity/13/sen-advocacy-mediation-service (Me Too and Co is based in Richmond but serves all LA areas)
Contact	0808 808 3555	helpline@contact.org.uk.	https://contact.org.uk/our-helpline/ (National helpline for a range of disability issues concerning Children/ Young People)
IPSEA			https://www.ipsea.org.uk/contact-ipsea (National Helpline with a focus on SEND and School/ College issues)
Me Too & Co.	07946 646033	info@metooandco.org.uk	https://www.metooandco.org.uk/what-we-do (Local charity with range of activities and support based in Twickenham but working with all LA areas.)
Ruils SEND Advice	020 8831 6083	alexhardy@ruils.co.uk	Advice & support around SEN and EHCPs; law, obligations on schools & LA, help with paperwork and meetings (Richmond Area Only)
SEND IASS Hounslow	0208 831 6179	SENDIASS@hounslow.gov.uk	https://fsd.hounslow.gov.uk/kb5/hounslow/fsd/advice.page ?id=MS95wl7aoLU (Hounslow Residents only)
SEND IASS Richmond & Kingston	0208 831 6179	RichmondKingston@kids.org.uk	https://www.kids.org.uk/richmond-and-kingston-sendiass (Richmond and Kingston Residents only)
SOS!SEN	0300 302 3731 0208 538 3731	admin@sossen.org.uk. (note this is only for administrative enquiries, not advice enquiries)	https://www.sossen.org.uk/ Charity based in South West London with Advice line and Drop in sessions linked to SEN