

Person Specification and Job Description

Name of Role	Mental Health Peer Support Worker	
Responsible to	Services Manager	
Post Description	<p>To work with Richmond Borough (RB) Mind, as the lead provider, and partners to provide mental health peer support in the community to adults who are currently accessing mental health support or have done so in the past. The aim is to provide appropriate support and help people access the right services to support their needs and recovery. Richmond AID's peer support role will also have a focus on people that experience neurodevelopmental conditions such as people with autistic spectrum disorders, Aspergers, or people with ADHD.</p> <p>RB Mind as been commissioned by South West London and St George's Mental Health Trust (SWLStG) to provide peer support and partners include Richmond AID, Age UK Richmond and Crossroads Care.</p> <p>The Peer Support Worker will work alongside a team of Peer Support Workers to provide one-to-one support and work with people referred by the Integrated Recovery Hub in Richmond to co-produce group peer support initiatives, as well as working with team members at Richmond Borough Mind and their partners to establish this new service.</p>	
	Experience & Knowledge	Skills & Abilities
	<p><u>Essential</u></p> <ul style="list-style-type: none"> • Lived experience of mental health issues, using mental health services and engaging in a recovery journey • Experience of running or supporting peer support/group activities • Experience of managing a caseload • Experience of recording data, case notes or conversations and using a record management system • Knowledge of mental health conditions, and the services and systems that support people experiencing mental ill health • Evidence of working to deadlines, and achieving outcomes against targets • Experience of report writing, writing case studies and gathering statistical and evidence • Excellent administration skills and excellent working knowledge of MS Word, Outlook, database entry and other applications • Understanding of confidentiality, data protection and safeguarding issues <p><u>Desirable</u></p> <ul style="list-style-type: none"> • An understanding of partnership working and the ability to work as part of a multi-disciplinary/agency team • Experience of managing a caseload • Experience of working with people with neurodevelopmental conditions such as autism, aspergers and activity and attention disorders 	<ul style="list-style-type: none"> • Able to build relationships with people from a wide range of backgrounds and communities, respecting lifestyles, world view and diversity • Aware of the importance of maintaining personal and professional boundaries • Excellent organisational skills • Empathic approach • Pro-active • Good time management and task prioritisation • Able to work independently as well as part of a team • Excellent written and verbal communication skills • Report writing skills • Ability to network and keep others informed • Action orientated and can-do approach

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| <ul style="list-style-type: none">• Understanding of the social model of disability | |
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Other requirements	
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This post is subject to a satisfactory Enhanced DBS check carried out by Richmond AID.	
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Main Tasks and Duties	
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| <ol style="list-style-type: none">1. To provide one-to-one peer support to clients referred from SWLStG and other sources2. To carry and manage a case load of clients with a range of mental health diagnoses3. To co-produce and facilitate the successful and safe provision of group peer support initiatives4. To build safe, trusting relationships with individuals based on non-judgmental listening and shared lived experience5. Work with a high level of awareness of safeguarding in order to both prevent and respond appropriately to abuse6. To provide help in navigating the health and wellbeing system and signposting to appropriate agencies and resources to support client's sustainable recovery7. Be self-servicing in day to day administration tasks8. To work in partnership with the manager at RB Mind, SWLStG Peer Support Coordinator and other peer support workers9. To undertake training as necessary during induction, which includes Peer Support Worker training (delivered on 8 Fridays) and for continued professional development10. To work alongside and ensure active service user participation in all aspects of work, including design, implementation and monitoring of activities11. Keep accurate records of all clients and maintain a database of client information, continue to update client records with progress and outcomes12. Complete all monitoring and evaluation as required by the funder and Richmond AID13. Ensure that the project is compliant with the Social Model of Disability14. Comply with Richmond AID's policies and procedures15. Attend training and development as identified by you and your manager16. Attend team meetings and supervision17. You will need to travel within LBRuT as part of this post and occasionally may need to work outside of normal office hours including evening and weekends18. Any other work commensurate with the level of this post | |
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