

Person Specification and Job Description

Name of Role	Mental Health Peer Support Worker	
Responsible to	Services Manager	
Post Description	<p>The Peer Support Worker (PSW) will work alongside a team of Peer Support Workers to provide one-to-one support and group work with people referred by the Integrated Recovery Hub in Richmond. The PSW will manage a caseload of people with severe and enduring mental health conditions and support and facilitate our weekly established neuro-diverse peer support group as well as potentially setting up new groups in the future.</p> <p>The postholder will work with Richmond Borough (RB) Mind, as the lead provider, and partners to provide mental health peer support in the community to adults who are currently accessing mental health support or have done so in the past. The aim is to provide appropriate support and help people access the right services to support their needs and recovery.</p> <p>Richmond AID's peer support role will also have a focus on people that experience neurodevelopmental conditions such as people with autistic spectrum disorders, Aspergers, or people with ADHD.</p> <p>RB Mind as been commissioned by South West London and St George's Mental Health Trust (SWLStG) to provide peer support and partners include Richmond AID, Age UK Richmond and Crossroads Care.</p>	
Experience & Knowledge	Skills & Abilities	
<p><u>Essential</u></p> <ul style="list-style-type: none"> • Lived experience of mental health issues, using mental health services and engaging in a recovery journey • Experience of running or supporting peer support/group activities • Experience of managing a caseload • Experience of recording data, case notes or conversations and using a record management system • Knowledge of mental health conditions, and the services and systems that support people experiencing mental ill health • Evidence of working to deadlines, and achieving outcomes against targets • Experience of report writing, writing case studies and gathering statistical and evidence • Excellent administration skills and excellent working knowledge of MS Word, Outlook, database entry and other applications • Understanding of confidentiality, data protection and safeguarding issues <p><u>Desirable</u></p> <ul style="list-style-type: none"> • An understanding of partnership working and the ability to work as part of a multi-disciplinary/agency team 	<ul style="list-style-type: none"> • Able to build relationships with people from a wide range of backgrounds and communities, respecting lifestyles, world view and diversity • Aware of the importance of maintaining personal and professional boundaries • Excellent organisational skills • Empathic approach • Pro-active • Good time management and task prioritisation • Able to work independently as well as part of a team • Excellent written and verbal communication skills • Report writing skills • Ability to network and keep others informed • Action orientated and can-do approach 	

- Experience of managing a caseload
- Experience of working with people with neurodevelopmental conditions such as autism, aspergers and activity and attention disorders
- Understanding of the social model of disability

Other requirements

This post is subject to a satisfactory Enhanced DBS check carried out by Richmond AID.

Main Tasks and Duties

1. To provide one-to-one peer support to clients referred from SWLStG and other sources
2. To carry and manage a case load of clients with a range of mental health diagnoses
3. To co-produce and facilitate the successful and safe provision of group peer support initiatives
4. To build safe, trusting relationships with individuals based on non-judgmental listening and shared lived experience
5. Work with a high level of awareness of safeguarding in order to both prevent and respond appropriately to abuse
6. To provide help in navigating the health and wellbeing system and signposting to appropriate agencies and resources to support clients sustainable recovery
7. Be self-servicing in day to day administration tasks
8. To work in partnership with the manager at RB Mind, SWLStG Peer Support Coordinator and other peer support workers.
9. To undertake training as necessary during induction, which includes Peer Support Worker training (delivered on 8 Fridays) and for continued professional development
10. To work alongside and ensure active service user participation in all aspects of work, including design, implementation and monitoring of activities.
11. Keep accurate records of all clients and maintain a database of client information, continue to update client records with progress and outcomes.
12. Complete all monitoring and evaluation as required by the funder and Richmond AID.
13. Ensure that the project is compliant with the Social Model of Disability
14. Comply with Richmond AID's policies and procedures
15. Attend training and development as identified by you and your manager.
16. Attend team meetings and supervision.
17. You will need to travel within LBRuT as part of this post and occasionally may need to work outside of normal office hours including evening and weekends.
18. Any other work commensurate with the level of this post.